Sky Academy Studios
#SkyOceanRescue Challenge
Welcome to Sky Academy Studios: Sky Ocean Rescue

Sky Ocean Rescue continues to support our ocean life and we know you’ve been doing your best to do the same! Now we’ve all got a chance to spend a little more time at home, what effect do you think this has had on our marine life and how have you been helping? We’d love to know your thoughts, so create a video and take part in our #SkyOceanRescue challenge. 12.7 million tonnes of plastic ends up in the ocean each year which is why we want young people to tell us what they think by creating a video to share their thoughts and opinions.

Curriculum relevance

The Sky Ocean Rescue challenge supports ages 8-11 and 12-16, developing students’:

- Media Literacy
- Creativity
- Writing (non-fiction)
- Communication
- Decision-making
- Confidence
- Self-expression
- Collaboration

How does it work?

Students will create short videos (30 seconds - 2 minutes) bringing their ideas to life. Using tech they can access at home, and their free time during lockdown, students can tell their stories. This provides a creative way to help them feel connected and stay positive during these challenging times.

Lesson Objectives:

Write, shoot and share their own story.

Lesson Plan:

- Decide if students should create a News Report, VLOG or creative piece, or let them decide
- Set your submission deadline
- Share the Student Handout and Hints and tips sheet with your class
- Share the submission deadline with students

We are here to help

These bespoke resources have been created to support this campaign. The Sky Academy Studios team are also available at:

studios.livingston@sky.uk
studios.osterley@sky.uk
Sky Ocean Rescue continues to support our ocean life and we know you've been doing your best to do the same! Now we've all got a chance to spend a little more time at home, what effect do you think this has had on our marine life and how have you been helping? We'd love to know your thoughts, so create a video and take part in our #SkyOceanRescue challenge.

Have you been raising awareness through your own social media?
Or maybe you're showcasing a piece of art made by you from plastic waste.
Are you delivering important and shocking facts which you've discovered?

Choose Your angle

Which of these shows your change to the environment best?

Let's create it

Introduce yourself and the reason why you wanted to make this video.
Don't forget to sign-off, and leave the audience with something to think about.

Hints and Tips:
You'll need a camera, phone, tablet or computer.
Decide whether you want a script or would like to improvise.

Remember this is something that effects all of us, sharing your ideas and stories will help spread the word and save our oceans.

The smallest change is worth sharing.

报送 your video to your teacher so they can share it with us! We can't wait to see what you have been getting up to.

Send your video to your teacher so they can share it with us! We can't wait to see what you have been getting up to.

Record as many takes as you can, this way you can look back and pick your best one.

Tell us more about your story and think about what type of angles would be the best explain it.

Sharing your story might inspire others to make a change and pass on plastic

Here's how to tell your story

Now share it with us!
How to creating your videos at home

Making professional videos at home is easier than you think. Techniques are more important than the technology you use. Below you will see our top tips to making your video at home.

10 top tips

1. **Find a spot that has plenty of light.** A good source of light behind you will make your video look more professional.

2. **Use a clean background.** A solid colour background works well, there is nothing worse than a busy, distracting background.

3. **Avoid shaky footage.** Most mobiles, cameras and computers have an image stabilizer but don't rely on this too much. Think about placing your phone on a flat surface or get someone to film for you.

4. **Add a grid.** Most mobiles have an option to add a grid while filming this will ensure your recording is always straight.

5. **Shoot from a variety of angles.** Instead of shooting everything from eye level in one spot, move closer to shot a close up or crouch down and shoot upwards. Not every shot has to be different but a variety is good.

6. **Record in landscape mode.** Vertical, or portrait videos are good if you are watching on your phone but when you watch it on the TV it doesn't fill the space. Plus you can fit more into a landscape shot so no need to pan left and right.

7. **Work on your camera presence.** Stand up straight, smile and speak slowly and remember practice makes perfect. Your performance will help you video feel professional.

8. **Use effects.** Video effects are like photo filters. Most cameras and smart devices allow you to add effects to your videos, but don't overuse them. Slow motion, time lapse and cinemagraph are available on most smart phones, using them will make your video more creative.

9. **Keep your editing simple.** A simple clean editing style looks the most professional. Trimming the start or end of the clip can make a difference. Most smart devices will allow you to trim clips but there are also simple editing apps available to download.

10. **Plan your videos in advance.** By planning your video you can make sure your content is as good as the quality of your footage. Reviewing your video before sharing is also important.